



## Devotional

week 1

What is something that others do for you that you appreciate? Take some time this week to do this for someone else and watch how God gives you a deeper love for them!  
**Luke 6:31**

What is love and how do you show it to others around you? This passage shows us the characteristics of love, which reflect who God is. Ask for His help to love others well.  
**1 Corinthians 13:4-7**

Your words can bring healing to others. Ask God for His wisdom on how to respond to people with peace and love, rather than words that may tear people down.  
**Proverbs 12:18**

God's will is peace and unity for every believer. He is our helper when conflict arises, and He can equip you to live at peace with others. Do all that you can to pursue peace!  
**Romans 12:18**

week 2

The Bible teaches us a respectful, godly way to resolve conflict. Are you carrying an offense? Pray and ask God how you might reconcile with that person.  
**Matthew 18:15-17**

God blesses those who live in tenderhearted love and humility to others. You can use the blessings God has poured out on you to bless others.  
**1 Peter 3:8-11**

There is so much wrong in the world, but God helps us cling to what is good. In doing this, how can you show honor to someone this week?  
**Romans 12:9-10**

May the words on your lips be a different script from the world's. May you be an encouragement to the body of Christ. May you know God's love to love others well.  
**Ephesians 4:29**

week 3

There's so much that happens in life that can wear you out, but God can give you supernatural strength and refreshing. Receive this strength today!  
**Isaiah 40:30-31**

Every worry or stress that you are carrying can be laid at the feet of Jesus. Leave your worries with Him. He will take care of you.  
**1 Peter 5:7**

When anxious thoughts fill your mind, God can pierce through the noise to bring you peace. There's joy in receiving God's comfort is difficult or disappointing times.  
**Psalms 94:19**

God gives us grace for each and every day. You do not have to worry about tomorrow because God is already there. Surrender your future to God today!  
**Matthew 6:34**

week 4

What pressure or stress may be weighing on you today? Write these out and ask God to replace it with His joy. There's joy in following and knowing Him!  
**Psalms 119:143**

Anytime you feel worried or stressed, pray. Tell God what you need! He is the God of peace, comfort and restoration and He will help you.  
**Philippians 4:6**

Life on Earth is not exempt from hardship, but Jesus gives us this promise. He gives us rest and His yoke is easy and light. Receive this from Him today!  
**Matthew 11:28-30**

What burdens can you give to the Lord today? He is the one that sustains you and holds you together, no matter what happens in life. This is His promise for you.  
**Psalms 55:22**

response