

Truths Vs. Lies Worksheet

God gives us the ability through His Word to combat lies that may come into our minds—we are not defenseless! Write out on one side of this page a lie that you are struggling with right now (i.e. I am not enough, I am not beautiful) and then write the corresponding truth of the Word of God on the other side. When you're done, put this worksheet up in a place where you can see it and be constantly reminded of the truth of God's Word!

LIES I'M BELIEVING

TRUTH OF GOD'S WORD

LIES I'M BELIEVING	TRUTH OF GOD'S WORD