Teen Girl Daybook

January

- Claras Warson	00(())				
monday	tuesday	wednesday	thursday	friday	saturday
Now that many parties are over, look back over this year and look ahead to all that may come, take in all the fun, family, friends God has blessed you with this week. Philippians 4:4	What was this year like for 2 you? Think of your memo- riesSilly memories? Bless- ings? Hardships? New friends? New experiences? Closer to God? Journal for a time of re- flection. Psalm 77:12	3 The New Year is here! What is God calling you to do or to be this coming year? Listen closely. What is he saying to your heart? Pray for wisdom. Isaiah 43:19	4 New You?! Talk with your parents or leaders for the things He has placed in your heart to improve or to continue. Write down your God-inspired goals for this year! Psalm 90:12	5 When is the last time you repented over your sin? New Years is a perfect time to start fresh with the Lord. He will forgive and give you a clean start! I John 1:9	6 Have you forgiven your- self? If God has forgiven you then you can forgive you. If not, you are plac- ing yourself higher than the Lord. Be free from your past! John 8:36
Week 1: New Year, New You!					
8 You may not know where this year is going, but you can absolutely trust God. You can entrust your whole life to Him in 2018. Let Him have it all! Psalm 143:8	9 When Jesus left the earth, He sent the Holy Spirit to give His counsel and guid- ance. If you don't know what to do, the Spirit of God will lead you. John 14:26	10 How will you know the right choices to make with friends, activities, goals, and what is morally right? It's all in the Bible! Start with a chapter of Proverbs daily. Psalm 119:105	11 Take a few minutes to write down your plan for 2018. What friends do you want to stay close with? Health goals? School goals? Be all you can for the Lord! Phil. 2:13	How do you envision your life in 3 years? Plan ahead	What is something in your 13 actions that you would like to change or improve? An- gry? Worried? Prideful? Un- kind? Negative? Be teach- able to be a better you with God's help. Proverbs 12:1
Week 2: Where Are You Heading?					
You don't have to be afraid of where your life is going when you fol- low the Lord. It is a stress-free future for you! Psalm 37:23	Do you have dreams and goals but aren't sure how to accomplish them? Seek advice from trusted, Godly adults that can help you along the way. Proverbs 11:14	Has God asked you to do something that you are not able to do on your own? When God places a path before you, He will give you all you need as you follow in faith. Hebrews 11:8 11:8	18 Start your day off with this verse. Memorize it and claim it daily. These power- ful words will position your- self for all of God's bless- ings. Psalm 25:4,5	There are times that you need to pray for a longer time than usual so that you can hear from God in a unique way. He will speak to you and give you wis- dom. James 1:5-6	20 Once you have prayed, trusted, and obeyed now you can rest. God will take you exactly where you need to go. You can be at ease as He leads you in 2018. Isaiah 26:3
Week 3: How Will You Get There?					
22 Has there been a hardship in your life that keeps you from moving forward? Whatever you have been through, your healing can be used to lead your life. Romans 5:3-5	Why is life hard? There are 23 times it is hard because you are being obedient to God and there is an enemy fighting against you. Take heart and be strong in your calling! Joshua 1:9	There are times life is hard 24 because God is allowing you to grow and learn. He is taking you through obsta- cles to overcome. Don't miss the journey. Hebrews 12:7	25 When you have chal- lenges, keep heaven in mind. Your life here is short compared to all of eternity. One day you will be re- warded for all your work for God. Romans 8:18	When things at home, 26 school, church, or with friends have been hurtful or hard, just remember this verse. God will take what is wrong and hard and turn it into good. Romans 8:28	27 You will face the challenge of temptations in 2018. Even Jesus was tempted. But you can overcome them all with God's power just like Jesus did. I Corinthians 10:13
Week 4: What About Obstacles?					
29 Why do you do what you do each day? What is your motive for the choices you have made with your time, talents, and goals? Con- sider why you do what you do. I Corinthians 10:31	Before you move forward in 2018, look for paths that you are taking with how you think, what you say, where you go, or who you are with that may not be God's ways. Proverbs 16:2	you if you do things to show off or to point people towards God. Take time to read this verse and pon- der. Matthew 6:1-18	Doing What You Do?		200

God's Promises

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