Teen Girl Daybook

October

monday	tuesday	wednesday	thursday	friday	saturday
1	2	3	4	5	6
Fall is here and it's the perfect time to enjoy creation. In the midst of your busy day, pause long enough to see the world God made. Each part of nature has a purpose just like you do! Job 12:7-10	Everything in nature comes from the Creator. Think about God's power when it storms, how big He is when you see a mountain, or how much He cares when you see a bird. He is God! John 1:3	Check out the next sunset or sunrise. Think about how the beauty of it shows how great God is. You have been beautifully created by God to proclaim His greatness! Psalm 19:1-6	Have you ever felt afraid that you won't be cared for in life? All of creation is cared for by God, and He cares for you even more! He will guard your life each and every day. Matthew 6:26	Because of nature, every person in the world can know about the Creator. There is no excuse for anyone to say there is no God. All the earth tells of Him! Romans 1:20	Do something fun today! Go outside and leap, dance, sing, or twirl around! Celebrate God with joy alongside all of crea- tion. There is freedom in praise—don't be ashamed. Psalm 96:11-12
Nature Girl					
8	9	10	11	12	13
This time of the year is perfect for enjoying "comfort foods" that are soothing when coming inside from the fall weather. God also comforts our hearts in the trials that we face. Psalm 23:4	Have people said things that hurt you? Does a sibling bother you? Do you feel like a teacher is against you? Spend time with the Lord. He will comfort you. Psalm 25:19-20	There will be people in life that don't like you. God will comfort you as you live for Him and not them. Show these people love so they see God's goodness even when they are unkind. Psalm 86:17	Is your family facing trouble? Illness? Divorce? Arguing? Whatever the trouble may be, you will need the Lord. He is the only One that can com- fort you. Run to Him! Psalm 9:9	When stress comes, you need comfort. God's peace calms your tension. When situations have you overwhelmed, don't look for your own way to cope. God is for you! John 14:27	No matter how much suffering you face, hold strong to God's Word. God's Word will preserve your life and keep you strong to face hard times. Psalm 119:49-52
Comfort					
15	16	17	18	19	20
Things going on in the world can cause you to be afraid, but the Bible says to not be afraid 365 times, one for each day! You don't have to walk in fear with God on your side. Isaiah 41:10	When God is with you, you will always be okay. But what about when bad things hap- pen? If something horrible does happen, God will strengthen you to handle it. Joshua 1:9	You probably want to live a life of following all that God is lead- ing you to do. Do you ever fear that you won't be successful? If God is leading you to it then you have no need to worry or fear! Matthew 6:34	Sometimes you have a reason to be afraid. Maybe your situation is truly something concerning. The Lord says that He will be with you in trials, so you don't have to fear. Psalm 23:4	What should you do when fear comes knocking at your heart's door? Don't answer! You may be tempted to fear but you can resist it and seek the Lord instead. Psalm 34:4	What will sustain you when you are full of fear? God's love. He sees all you are facing and knows how to help you. He not only rescues you from the fear, but gives you joy in its place! Psalm 94:18-19
Fear					
22	23	24	25	26	27
Do you want to have a life full of favor? Of course! Pursue the things of God. Don't get caught up in the evil of some October celebrations. Stay true to being a Godly girl this week. Proverbs 21:21	Everyone messes up at times and some try to cover it up. Don't cover it up! God knows the truth. He knows your heart even if it seemed okay to everyone else. Live for Him! Proverbs 21:2	When you live for God, you will always be stable. You will not wonder around aimlessly or be easily shaken when you follow God's path. Avoid evil and stay on track today! Psalm 112:6	Godliness brings rewards! There will be times that you want to do the evil things that others do. Don't give up your love for God! Their fun turns to death and your purity turns to fun! Galatians 6:9	Anything you need will be pro- vided when you put God first! If you seek Him first in your friend- ships, attitude, music, movies, and thoughts, He will bless you in unbelievable ways. Matthew 6:33	There are many negative voices in the world telling you what to think about. So, what should you actually think about? Read today's verse and let this be your guide. Philippians 4:8
Godliness					
29	30	31		A 10 M 1.	
This season can create pressure to hang out with those that like evil things. Your friend choices are a huge part of what determines where your life goes. Be cautious! Psalm 1:1-3	Much of the world chases whatever they want, but they don't realize it won't fulfill them. Chase after God! When you chase righteous- ness, you will be filled! Matthew 5:6	Instead of rejoicing over evil, rejoice about the good! Life is beautiful when you are daily living for God. No matter what could harm you, you will over- come it all. Celebrate! Psalm 34:19	Boe		
Good Over Evil					