Teen Girl Daybook

November

A	0000				
monday	tuesday	wednesday	thursday	friday	saturday
			Is anything hard for you right now? School? Home? Friends? Health? Emotions? Despite what is going on, God can take care of you. When tempted to focus on the worry, pray! Philippians 4:6	Life can be tiring. When you are worn out from it all, where do you turn? While hobbies, movies, friends, or trips may help, turn to God if you want true rest for your soul. Matthew 11:28-30	Today's verse is a little longer but truly worth reading. When you read it, let all your con- cerns go! You can trust God with your needs today. Relax and enjoy life. Luke 12:22-31
Relax and Enjoy					
5	6	7	8	9	10
Does your weather change this time of year? God allows for things to change around the world at the right place and right time. Remind yourself that He is in control! Ecclesiastes 3:11	The world around you experi- ences changes that cause things to end. Maybe in your own life you see things end that you wish would stay. But God's Word never dies. Trust Him! Matthew 24:35	What is something in your life that changes? Teachers? Friends? Church? Home? Weather? Your body? There is one Friend who never changes. Jesus will always be stable. Hebrews 13:8	Did you know that before the earth was here, God was here? Our minds cannot im- agine something not being created. The eternal Creator even created the seasons! Psalm 90:2	When you see weather changes, remind yourself that your life has seasons too. Some will be celebrations, and some will be sad. God will be with you in all life seasons! Ecclesiastes 3:1	When a season in your life changes, blessings are ahead! God always has a plan for your life. When change comes, look to Him and the things He is bringing into your life! Jeremiah 29:11
Seasonal Changes					
12	13	14	15	16	17
Even in the midst of pain and hurt from others, Scripture says to give thanks anyway. When you praise at all times you honor that God is with you no matter what happens. Psalm 34:1-3	Have you ever thought about what it would be like if God wasn't good? Life would be much different if you couldn't trust His love. But he is always good, and his love is forever! Psalm 107:1	When you read the scriptures to- day, think about how the words affect your daily life. These verses will give you a huge rea- son to thank Him this time of year. Praise Him from your heart! Psalm 103:1-5	Think of all the times you were sick or injured and recovered. God was the One Who helped you. Thank Him! You can trust Him for His strength again this week! Psalm 28:7	The next time you go outside, give praise to God out loud. Take a deep breath and say, "Thank you, God!" Then, talk about your gratitude for creation to your friends or family today. Isaiah 12:4-5	Being thankful isn't simply an idea, but an actual command to follow from the Lord. He said to let peace and thankfulness rule your life. Instead of an atti- tude, have gratitude! Colossians 3:15-17
Thankful Heart					
19	20	21	22	23	24
Is there someone in your family that is hard to love? Probably so. It's not easy to love every- one, but you can do it with God's help. Because God loves you, you can love others. Do it! I John 4:19	Is there someone coming for Thanksgiving this week that you need to forgive? God will only forgive you once you have for- given others. Take time to pray for God's strength to help you. Colossians 3:13	How can you honor your par- ents this week? Perhaps you can help cook, clean, deco- rate, or watch small children. Be a blessing this week with your actions and words. Exodus 20:12	Your parents and grandparents have knowledge that you need to know. As you are with them this week, try to listen and em- brace their Godly teachings. <i>Embrace their wisdom!</i> Proverbs 1:8	When you are with family and are asked to do something, he happy to obey and help. Say, "My pleasure!" or "How else can I help?" Your obedience will bless your whole family. Ephesians 6:1-2	As you prepare celebrate, think about how you can give to others this week. Even stop- ping to pray for a family mem- ber is a gift. Share food, smiles, prayers, and memories. Acts 10:2
Family Gatherings					
26	27	28	29	30	
God loves to celebrate! Did you know the word "rejoice" is in the Bible over 190 times? There are many reasons to rejoice Write down the top 10 things that make you want to celebrate! Philippians 4:4	As you celebrate this season, pray all along the way! God loves to share life with you. He wants to enjoy the moment with you. Include the Lord in your celebrating! I Thessalonians 5:17	God's promises to you are worth celebrating! According to scripture, they are like treas- ures. Every promise is always true, and you can rest in the joy of knowing it. Psalm 119:162	Did you know that making noise is actually encouraged in the Bible? It is okay to be loud in your praise! Celebrate with music that praises God! Psalm 66:1	Think of ways that you can lead in celebrating! Don't wait for someone else to do it all. Take initiative and do some- thing to celebrate that will bless your family or friends! Hebrews 13:6	
Celebrations					