Teen Girl Daybook

January

19

monday	tuesday	wednesday	thursday	friday	saturday
	C	Welcome to the new year! God has something new in store for you, to freshen your heart and life. Ask Him for eyes to see what new thing He is do- ing! Write it down and tell a friend.	Not only today, but every day this year, you have a fresh start with the Lord because of His great love for you. He is faithful, compassionate and will not let you down!	No matter what you've done in the past, God has completely removed the debt of those sins from you. Step into this year knowing that you are free and forgiven!	If you've ever seen a fresh win- ter snow, you understand its pure white brilliance. That's how God sees you. You have been cleansed and purified of any wrongdoing.
		Isaiah 43:18-19 1	Lamentations 3:22-23 2	Psalm 103:11-12 3	Isaiah 1:18 4
Week 1: This Year, You Have a Fresh Start					
This year, God wants to put a new heart and spirit in you that is sensitive to His leading and voice. Invite Him in and see the incredible things He will do!	Whatever may have hap- pened last year, your strength can be renewed this year! God will sustain you to run this race with strength and perse- verance.	You have been made a new creation in Christ! What parts of your "old" self has God re- moved? Write it down and tell a friend.	Just like a newborn baby, we have been given new birth into the hope we have in Jesus Christ. When we are in Him, we are made new!	How has God made you "new in the attitude of your mind"? What are things you used to think or do that you are no longer a part of your new self?	Your new self in Christ is a fore- taste of what ultimately will come. God will make every- thing new at the end of times. This is your great hope – that sin, death and pain will be com- pletely erased.
Ezekiel 11:19 6	Isaiah 40:30-31 7	2 Corinthians 5:17 8	1 Peter 1:3 9	Ephesians 4:22-24 10	Revelation 21:4-5 11
Week 2: This Year, You are Made New					
You can look ahead to this year with great expectations. God has already planned these days long ago. This is His promise to you.	Write this verse on a card and stick it in a place where you will be reminded of this truth. On good days and bad this year, you can still have hope.	When you put your hope in Jesus, you will not be put to shame. Even in sufferings, hope is produced because of God's love through the Holy Spirit.	With hope as your anchor, you will not be moved by stormy cir- cumstances around you this year. Be tethered to this truth – you are firm and secure.	This is our prayer over you this year. We serve the God of hope. Who in your life also needs to be reminded of this? Pray this verse over them, too!	Keep your eyes fixed on God this year. Watch with expecta- tion as He answers prayer and moves in seemingly impossible circumstances.
Jeremiah 29:11 13	Proverbs 23:18 14	Romans 5:1-5 15	Hebrews 6:19 16	Romans 15:13 17	Micah 7:7 18
Week 3: This Year, You Have Hope					
God is always with you. He is ac- tively delighting, loving, and singing over you. How does knowing this change how you interact with God?	No matter what you face this year, you can be full of strength and courage instead of fear. With God on your side, you don't have to be afraid.	Not only does Jesus give us a commandment, but He also left us with a promise. When you step out to share your faith with others, He will be with you.	When you are up against oppo- sition this year, speak this verse over yourself. God will never let you go and will help you.	The Lord is your shepherd, com- forter, protector, and provider. Do you have a friend or family member who needs to be re- minded of this? Send them a card or text with this scripture!	Wherever you end up this year, God will be the one guiding your steps along the way. Ask to hear His voice clearer than you ever have! He wants to speak to you.
Zephaniah 3:17 20	Deuteronomy 31:6 21	Matthew 28:19-20 22	Isaiah 41:10 23	Psalm 23 24	Isaiah 30:21 25
Week 4: This Year, God is with You					
God has prepared you in ad- vance for what you will do this year. When you don't feel ade- quate for the task, He will pro- vide the help and wisdom you need.	You do not have the fret about tomorrow because God is al- ready there! He knows what you need and He will take care of you. Place your worries on His shoulders.	Allow God to work in you what is good and pleasing to Him. You have a great capacity to share His love with others. Ask Him to use you in specific ways this year to walk according to His will.	Whenever you feel inadequate this year, just know that you are covered on all sides by the Ar- mor of God. You can stand, equipped in His truth!	What characteristics are at- tributed to God in this scripture passage? He is the God who equips you. He is the one who trains you to be more like Him.	
Ephesians 2:10 27	Matthew 6:25-34 28	Hebrews 13:20-21 29	Ephesians 6:10-13 30	Psalm 144:1-2 31	
Week 5: This Year, You are Equipped					