Teen Girl Daybook

February

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monday	tuesday	wednesday	thursday	friday	saturday
					God delights in and blesses those that seek His face and stay close by His side. When you remain in Christ, you are like a strong, thriving tree – bearing good fruit! Psalm 1:1-3
Living a Life of Praise					
3	4	5	6	7	8
will lift up your head and protect you when you are feeling vul-	There are so many hardships in life. You may wonder if anything is good? God promises us joy, peace and safety! Ask God for a greater measure of these today.	God hears you! When you cry, He's right beside you. When you lift up your voice, He is listening. Come, expectant that God is going to move because He has heard you.	you? Cry out to God with an	God has placed His glory and honor on all mankind. Your value and worth are from Him! Never forget that you are the crown of His creation.	your full trust in God. He never
Psalm 3:3-5	Psalm 4:6-8	Psalm 5:1-3	Psalm 6:8-10	Psalm 8	Psalm 9:9-10
Living a Life of Praise					
We don't have to be afraid. God sees you and He is your defender. Allow God to encourage you with this truth today.	The Lord will protect you against words spoken against you. Have confidence that His words are perfect and trustworthy.	How has God shown His love and goodness to you? Thank Him today for the many blessings He has poured out.	The Lord is actively seeking those whose hearts are turned away from evil and turned towards Him. In what ways can you turn your heart closer towards Him?	Everything good thing is from the Lord! What good things has God blessed you with? Make a list and share it with a friend!	
Psalm 10:17-18	Psalm 12:5-7	Psalm 13:5-6	Psalm 14:2	Psalm 16:2	Psalm 16:5-11
Living a Life of Priase					
strength. When you face hard-	With God's help, we can over- time impossible things! What do you need strength for in this sea- son? How is God training you to be more like Him? Psalm 18:20-36	Write out or underline the descriptive words that David uses about the Lord. Stand on these promises, for they are true. In them, is a "great reward!" Psalm 19:7-11	Who in your life could be reminded that God protects and saves? Read this passage as a prayer over them today. Psalm 20	Future generations will be impacted by the choices you make for Christ today. As you walk daily with Christ, you are changing history! Psalm 22:30-31	If you haven't put this chapter to memory, do so! Many times we need to be reminded of Jesus as our Shepherd. Allow God to use you to encourage someone else with this if they are going through a hard time. Psalm 23
		Living a Lif	e of Praise		21
24	25		27	28	29
Everything belongs to God – He is the creator and King of Kings! He is able to take care of you for the big things and the small things. Welcome Him in today!	Ask God to teach you how to put your complete hope in Him. He promises to guide you in truth and to never put you to shame when you hope in Him! Psalm 25:3-5	What is your heart's cry? Is it to know God more or is it to be known by the world? Commit in your heart to seek His face in all circumstances. Psalm 27:7-8	Are you in a waiting season? If you are, don't lose heart! Have confidence that you WILL see God's goodness come through for you. Take heart and don't give up!	What brings you joy? Ask God to remind you of His goodness through strength and trust that your heart may rejoice in Him again. Psalm 28:6-9	How is the voice of God described in this chapter? Knowing His voice puts everything into perspective. He is full of glory and strength! We don't have to be afraid anymore. Psalm 29

Living a Life of Praise