

Hot Topics

Gender Identity

Leader Guide

Theme: This topic is certainly an arising issue in our society today. Not all girls will struggle with this, but in time they may or may come in contact with someone else who does. Just like every other temptation, the Bible speaks clearly about accepting who God made us to be.

Note to Leader: This topic is certainly an arising issue in our society today. Not all girls will struggle with this but in time they will come in contact with someone else who does. Just like every other temptation, the Bible speaks clearly about accepting who God made us to be. Guide your discussion based on love in order to win people's hearts for Jesus more than to condemn. Dialoguing the truth in love will speak to everyone. If possible, be aware of the mental health side of those challenged with gender identity transitions as seen in the extended resources below.

- What have you heard about the current discussions on gender identity?
- Have you met someone who has talked or acted on changing his or her gender?
- What are your thoughts about girls changing into boys and boys changing into girls?

Read Genesis 1:27 and Genesis 5:2.

- What is the origin of gender?
- What can we learn about God from this verse?
- How does God's design in science have an active and definitive reason for why you should stay the gender your body was created?

Read Ephesians 2:9,10.

- What are some admirable traits that girls may have but that boys don't have?
- What are some admirable traits that boys may have but girls don't have?
- Why are these traits important and necessary in their biological design for a functioning society?

Are there some "gray" areas or activities that boys and girls can both be a part of without compromising their God-given design? (i.e. boy could be in performing arts and still be masculine and a girl could be in the competitive sports and still be feminine.) How can God use both genders with their gift sets as He created them to be?

Read Galatians 3:27–28.

- Are boys more important than girls? Are girls more important than boys?
- What does the Bible say of how God views all people when they accept Christ?



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Read Psalm 31:14 and Proverbs 3:5–6.

- What does trusting God have to do with your gender?
- Why is it important to embrace the plan God has for you as a girl?

Read Ephesians 5:22–28.

- For all practical purposes, how do genders function according to the Bible?
- How can this position of genders be a blessing to women?

Read I Corinthians 10:13 and II Timothy 2:22.

- If you or someone you know is tempted to change your identity from the biological design God made you to be, how should you respond?

Read I Corinthians 16:14 and Psalm 86:15.

- How should you treat others that are transgender?

Read Ephesians 4:32 and I Peter 2:12.

- What are some ways you can connect positively with transgender people without crossing inappropriate boundaries or promoting their decisions?

Prayer: Pray for girls to feel at peace with the gender God made them to be. Ask the Lord to reveal joy in who they are as they can trust Him.

For more resources:

Quick read article at www.purentimacy.org called “Hope in a World of Gender Confusion.”

Extensive article at www.equip.org called “The Transsexual Dilemma.”

A book with pastoral and psychological insights for leaders by Mark A. Yarhouse entitled [Understanding Gender Dysphoria: Navigating Transgender Issues in a Changing Culture.](#)

For more topical Bible studies for teen girls, visit www.myhealthychurch.com/teengirls

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