



# **SMALL GROUP GUIDE**

**Purity**

**I will think about what is  
lovely, right, and admirable.**

# Purity

## Leader Guide

### Engage:

For this lesson you will need a mirror and a sharpie. Have the kids talk about things in their lives that they sometimes struggle with. It could be certain sins, thoughts, etc. Write them on the mirror. Make sure to fill up the entire mirror so it is hard to see their reflection. Have the kids look at the mirror and see if they can see themselves as clear as they should.

Talk about how these things don't reflect who we are in Christ. We need to ask God to forgive us of our sins. Take a Clorox wipe and begin to wipe the mirror off as you are talking about this. When we think about what is pure, right and admirable, we allow our lives to reflect Him and what God has created us to be.

### Discuss:

**Have the kids open their Bibles and read together  
Philippians 4:8**

Our Bible verse today talks about the importance of thinking about things that are true, honorable, right, pure, lovely, and admirable. The more we think about these things, the more we will become that way.

- Why do you think the things we watch and listen to are so important?
- When we are struggling with our thoughts, who can we turn to for help?
- What does the word *purity* mean, and why is it important?

### Response:

Give each of the kids a piece of white paper and white crayons. Tell the kids that when we are struggling with something, we can turn to Jesus. The Bible even talks about how our sins are forgiven and become white as snow. Have the kids use the white crayons on the white paper to list areas in their lives they need help with. It could be their thoughts, things they are watching on tv, or things they are listening to. Explain that when God forgives their sins, He no longer sees them, just like how they can't see the white print on the white paper. Encourage them to ask God to help them live a life that is pure.

### Memorize:

**And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. (Philippians 4:8, NLT)**

Write the memory verse down on index cards. Divide the class into small groups and give each group a memory verse card. Have each group create motions to the verse. Then let the groups lead the rest of the class in the motions and in saying the memory verse together.

### Create:

Have the kids create two-ingredient playdough. You will need white hair conditioner and cornstarch. Mix two parts cornstarch to one part hair conditioner in a bowl. Have the kids knead it together to create amazing, soft playdough.

With their playdough have the kids create a heart. Tell the kids to place the heart somewhere in their house as a reminder to keep their thoughts on God.

# Purity

What was the Big Idea?

I will think about what is

\_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

**Spend time with God and ask Him to help you with any areas of your life or thoughts you may be struggling with.**

**Think about someone you can talk to when you are struggling.**

**Write their name down and ask that person if they will help you stay accountable.**

## Memory Verse:

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

(Philippians 4:8, NLT)