

# SMALL GROUP GUIDE

**Identity**

I believe what God says  
about me is true

# Identity

## Leader Guide

### Engage:

Have all kids sit in a circle with one child in the center. Give a bottle of bubbles to someone in the circle and have them blow bubbles toward the center. The child in the center gets to pop the bubbles. Explain that a few bubbles are easy to pop.

Next, have another child go to the center of the circle. This time give everyone in the circle bubble solution. Instruct them to blow bubbles towards the middle. The child in the center has to get all the bubbles to pop.

They will find it difficult to pop all of the bubbles.

Instruct the kids to stop blowing bubbles and invite the person in the middle to come back into the circle.

### Discuss:

**Have the kids open their Bibles and read together Romans 8:17; 1 Corinthians 2:16; 2 Corinthians 5:17; Psalm 139:14; Ephesians 1:3; Romans 8:37; 1 John 2:2, Jeremiah 29:11**

Have you ever had anyone say anything bad about you? When they did what did you do? Did you decide to move past it and forget it, or did you hold onto what they said? It kind of reminds me of the bubbles we did earlier. When all the bubbles were coming at our friend, it got harder to get rid of them. In our world today, so many times people's words, criticism, media, and the images we see try to bring us down. It is likely that some of us have chosen to believe lies about who we are and allowed those things to form our self-image.

That is why we need God's Word in our lives. We need to spend time in God's Word so that we can know the truth about what God says about us. We are God's Masterpiece and He loves us. God tells us that He loves us so much, and that is why He sent Jesus. So that we can experience His love, grace, and forgiveness.

### Response:

Have the kids in your group close their eyes and listen as you quietly read "I am statements."

I am a child of God - Romans 8:17

I have the mind of Christ - 1 Corinthians 2:16

I am a new creation - 2 Corinthians 5:17

I am wonderfully made - Psalm 139:14

I am blessed - Ephesians 1:3

I am a conqueror - Romans 8:37

I am forgiven - 1 John 2:2

Give the kids space to make their own "I am statement" and say it out loud to the group. After they have shared, thank God for who He is.

### Memorize:

**"For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things He planned for us long ago. (Ephesians 2:10, NLT)**

Place part of the verse written on paper inside each balloon. Next blow up the balloon and tie them making sure the words are inside each balloon. Ask the kids to one by one pop the balloon. They must grab the paper inside the balloon. Once all the balloons are popped, they must put the verse in order.

### Create:

On a piece of paper have them draw their self-portrait. (To make it easier you can use preprinted paper with a large circle on it). Have mirrors so that they can see themselves as they draw. On the outside of their portrait have them write their strengths and best qualities.

# Identity

What was the Big Idea?

What \_\_\_\_\_ and His \_\_\_\_\_  
say about me is \_\_\_\_\_!

Take time to celebrate your God  
given strengths and thank God for them.

## Memory Verse:

For we are God's masterpiece. He has created us anew in  
Christ Jesus, so we can do the good things  
He planned for us long ago.  
(Ephesians 2:10, NLT)