

# January

tuesday wednesday friday thursday

> What brings you joy? Ask God to pour out a fresh anointing of His joy that will last throughout the year.

presence in your church, your house and your school.

Psalm 16:11

God fills His people

with joy when we are

in His presence! Start

this year by inviting His

Joy is more than just a happy feeling. It is our strength in good times and bad. Seek His joy and be strengthened this year!

Nehemiah 8:10

## Psalms 126:2-3 Week 1: A New Joy

This year, you have a fresh start! Ask God to change your mind to look more like Him.

God's Spirit is powerful and equips you with the strength to have a clear and focused mind even when faced with temptation.

2 Timothy 1:7

Take time to write down examples of "praiseworthy" things. What do you see that is noble, right, pure, lovely, and admirable?

Philippians 4:8

God knows your thoughts even before you think them! Give your thoughts over to Him through prayer. He will take care of you!

Psalm 139:2

Set your thoughts and mind on Jesus. He is the center of everything we believe and live for. He is faithful and will never let you down.

Hebrews 3:1

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### Week 2: A New Mind

Ask God to put a fresh heart in you. This year, He can wash you and make you clean.

Ezekiel 36:26-28 13

Romans 12:2

A new year brings a lot of unknown that can feel scary, but the Lord is faithful to take care of you no matter what happens. You can trust Him with the unknown!

Psalm 112:7

Have you ever done a wrong thing that you asked forgiveness for but still feel bad about? God can remove that feeling from your heart. You can be free!

1 John 3:20

Your heart is at the center of everything you do. Ask God to freshen your heart throughout the year to flow waters of life.

> Proverbs 4:23 16

Ask God to give you eyes to see people's hearts, not just their outward appearance. Be open to how God can use you to encourage their hearts.

1 Samuel 16:7

#### Week 3: A New Heart

Ask God to "fit" you with new peace like a good pair of shoes so that everywhere you go this year, you will have His peace leading and guiding you. Ephesians 6:14-1520

Jesus has overcome the world! You can have peace in Him because of what He has done for you.

John 16:33

Have you ever been upset with somebody? Ask God to fill your heart with forgiveness for them and choose to live at peace with them.

Romans 12:18 22

You can go to God with anything! When things make you sad or worried, you can pray and he will give you his peace instead.

Philippians 4:6-7 23

Jesus left us with a gift before he left the Earth - the promise of His peace. Whatever you face this year, you can continue to carry that peace.

John 14:27

#### Week 4: A New Peace

Just like an anchor, the hope we have in Christ holds us firmly in place. Even when things change around you this year, you can have hope!

Hebrews 6:19

Imagine running for a long time and never getting tired! With Christ as our hope, we can run this race of life and continue to have strength.

Isaiah 40:31

Take some time to write down or tell someone how God's word has given you hope in a difficult time.

Psalm 119:114

What do you want to be when you grow up? Wherever you end up in life, God's hope is for overflow on the people that time too!

Proverbs 23:18 30

This is our prayer for you this year. Cling to God's hope and it will around you through the Holy Spirit.

**Romans 15:13** 

Week 5: A New Hope

