

tuesday

wednesday

thursday

friday

The "Fruit of the Spirit" means your life has proof you are full of God's spirit. When you follow the Spirit, He produces the fruit. Q: Am I depending on the Holy Spirit to produce God's fruit in my life or am I trying to do it all on my own?

Galatians 5:22-23

Patience is the ability to endure when things don't go the way they should, you are not treated correctly, or you have to wait. Q: Am I easily set off or am I able to keep a godly perspective in the face of life's irritations?

Proverbs 19:11

Love isn't warm feelings but a chosen attitude and action towards others. Love gives freely without expecting anything back. Q: Am I motivated to do for others as Christ has done for me, or am I giving to receive something in return? I

Corinthians 13:4-8

Joy is independent of good or bad things that happen. It's a product of fixing your focus on God's purposes for your life rather than on the circumstances. Q: Am I experiencing joy on a regular basis, or is my happiness based on how things go in my day? Psalm 28:7

Peace is not the absence of turmoil, but the presence of peace even while in chaos. It is a sense of wholeness that is content knowing that God controls the events of the day. Q: Do I find myself frazzled by turmoil in my life or am I experiencing

peace? Philippians 4:6-7 5

Fruit of the Spirit

Kindness is refreshing! When kindness is at work in a person's life, they look for ways to meet the needs of others, bless others and do what is helpful. Q: Is it my goal to serve others with kindness, or am I too focused on my own needs to take time to be kind? Titus 3:4-5

Goodness in you desires to see goodness in others by looking for what is right and doing what is best. Q: Does my life reflect the wholesome heart of God. and do I desire to see others experience all God has for them?

Ephesians 5:8-10

Faithfulness is being consistently devoted and responsible to the Lord with all God has entrusted. If you do, God will honor you with more blessings! Q: Am I faithful to keep doing what is right even if I don't feel like it or if it is hard at times?

I Samuel 26:23 10

Gentleness is not without power, it chooses to handle its power with humility and peace that honors others and God. Q: Do I come across to others as brash and headstrong, or am I allowing the grace of God to flow through me to others? Philippians 4:5 11

Self-control is releasing our naturally sinful actions and choosing to be controlled by the Holy Spirit. Q: Are my fleshly desires controlling my life, or am I allowing the Spirit to direct me to God and serve others?

Proverbs 25:28

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Fruit of the Spirit

If you have accepted the love of Jesus, then you have been given forgiveness from all the wrong choices you have made. His mercy is new and fresh for you! Find a flower to display that reminds you that His mercy is new every morning.

Lamentations 3:22-24 15

Just as winter ends and the new life of Spring begins, vour life is new when you follow Jesus. That means that your actions aren't like people that follow the dark ways of the world. Is there any music you listen to that is full of darkness?

John 12:46

Would you rather drink from a fresh stream or a contaminated stream? Just like people would rather drink from a fresh fountain that brings life, they would rather hear you speak fresh too. Find someone to encourage today! James 3:10-12

Is there something God is calling you to do that is not what you are used to doina? This is a perfect time of year to start something new! It could be to serve in the church, try a new sport, change friends, spend time in prayer or forgive someone. Just do it! Isaiah 43:19 18

Has God worked in you in new ways this Spring? If so, there may be new challenges too. Don't worry about finding strength in yourself because you won't be able to. Say "God is my strength" when you are doing new things. 19

Psalm 18:2

Fresh Like Spring

Need strength to make the right decision? God is a rock and fortress for you! He will surround you with wisdom from His strength as He leads and guides you for all that you need. Talk to Him and then listen before you make your final choice.

Psalm 31:3

Just like you put on clothes today, you can be clothed with qualities you want to have in your life. Be dressed in strength and dignity with a heart that can laugh for things that may come. At the beginning of the day, take a moment to put on some strength! Proverbs 31:2523

When you are running in the race of life, you may feel tired at times. But God never runs out of strenath! Just let Him carry you. As you rest in Him you will not be exhausted. Take a deep breath and have a moment of silence to remember these truths. Isaiah 40:28-30 24

When do you feel the most exhausted? Afterschool? After the weekends? When you know you are aoina to be worn down, prepare to be has you down? Maybe illness strong. How? Prayer. Put your hope in God not yourself. When you spend time with Him, He will strengthen you. Isaiah 40:31

There will be moments, days, and even weeks or months that you are not feeling strona. Does disappointment has you weary. God says He is "not far" from you and He will "come quickly" to be your strength.

Psalm 22:19

Strength

Imagine someone needed your strength for their situation and you willingly helped them with love and care. But once walked off. Ugh! When God has helped you, how do you respond? Do you go on with your day or stop and thank Him? Psalm 28:7

What if you accepted that it is better to be weak than strong? How would that change what you do and you helped them, they simply how your think? What a relief! You don't have to have it all together, all the time. It's okay NOT to be okay. Read these verses to see why 2 Corinthians 12:9,10 30

Strength